



STOPPING &

Listening

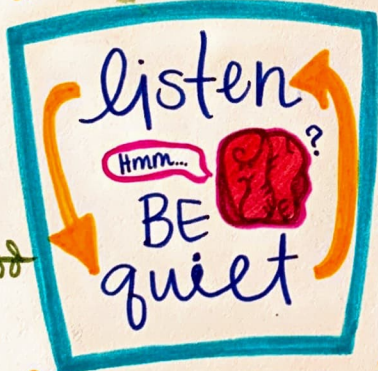
By Maranda Loughlin



sometimes I think...



The word "LISTEN"...



is mistaken for the words...



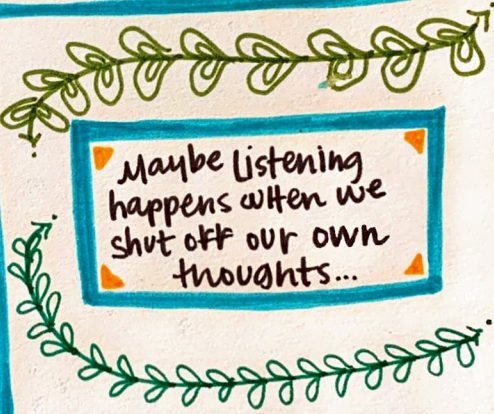
"BE QUIET."

while it's true we can't hear someone if we are talking, I think "listening" is more than that.



There's the performance of listening, where we become quiet, still, and look at who is speaking.

But, I think it might be a little bit more than that too.



Maybe listening happens when we shut off our own thoughts...

to let someone else's voice take up space in our mind.





of someone else's
thoughts, ideas,
and stories...



is both a challenging
& beautiful gift...

Because, once we
welcome in another
person to our minds...

By Finding
ways to stop
our own
thoughts...
And listen
to their's...

We are gifted
with new ways
of thinking, and
new paths to...

consider in
how we choose to
live our lives with
people, and our-
selves, together,
in mind.

Can you think of a moment you've had...

where you chose to stop thinking so that you could better listen to someone else?

How did this moment of listening change the way you think?

Can you draw this moment into a comic?

I'd love to listen to your story.
-M.