



Course Name & Lesson Title:
Covid Heroes

Overview In this session, participants will:	Learning Outcomes As a result of this lesson, participants will be able to:
<ul style="list-style-type: none">● Focus on creating a picture frame out of household items.● The picture frame can be for a special person (parent, friend, sibling, teacher, or neighbor) or something you keep in your room.	<ul style="list-style-type: none">● Use their creativity to inspire and promote positivity and happiness.● Reflect and think about how other people may be feeling during the pandemic and social distancing.

Additional Materials Needed: Paper, scissors, glue, markers

Step-by-Step Guide

- 1) Find your supplies**
 - a) Cereal box or paper - glue, tape, or glue sticks - markers, pens, pencils, paint, or crayons - decorations; balloons, yarn, stickers.
- 2) Trace the picture on the paper then cut it out.**
 - a) Tracing Pro tip - Use a pencil for this step
 - b) Cutting Pro tip - Cut a little inside the traced line that way your frame can fit on top of the picture.
- 3) Decorate your picture frame**
 - a) You can write 'Covid Hero' at the top.
 - b) Tell them what you appreciate about them or a nice uplifting message.
- 4) Create the back of the frame**
 - a) Tape your picture to a second piece of paper
 - b) Glue the frame to this paper
- 5) Sign and deliver**

