THROUGH YOUR EYES:
A "HOW TO" LESSON ON
PICTURE JOURNALING YOUR LIFE...
[& why you might like to]
it's very strange and quiet outside right now...

**Stay at Home**

I'm going for a walk...

- The fake news media...
- Have you seen any...
- Mass anti-body testing
- Cover your sneeze

And the great indoors are growing louder and busier...

Even though so much has changed in sad ways...

Yes I notice everything...

...that make my chest feel tight...
I wonder how to look at this time realistically...

...And positively

...cheaply...

...And gratefully...

...And imaginatively...

And then do something.
right now, I'm grateful to have access to colored pens, paper, & a few disappearing dollars...

...it's a privilege.

...it's on the paper...

...which can be, sometimes.
It's here, on the paper...

2020

ROMANOPHOMA

...where I can write & draw my experience...

The only noiseless place.

...through my eyes...

Without the voices of people and the news being so loud!

But...
my perspective

is as equally important as yours.

As everyone's.

What scares me

Is a new history book coming out

"Very few cases compared to other countries..."

That doesn't get this history, happening now...

[some] history

parents homeschooling

Truck drivers

USPS

books

your

right.
That makes people's stories invisible...

By leaving yours or someone else's out...

[Some] history entirely.

That one day when this is over...

...And there's a "new normal"...

Hey!

We won't see everyone's stories in our history books...

And in a way, this simple fact is a history that repeats itself... People are written out...

2021
April 18

Numbers...

# People...

# Are Not...
it may be why some say history is written by the "Winners"

Because those who have the super powerful pens...

Often write it.

"A history of all men... everything."

The truth is... your body is textbook
And people can take action in this time by listening to your body.

In the case that you are able to, or would want to...

Here’s a few tools in creating your own picture journal, otherwise known as a “comic” or “graphic novel.”

- Pen or pencil
- Paper
- Your thoughts
You can use...

thought clouds

speed bubbles

This row of boxes is called a panel...

I wonder what I smell like...

The egg was minding his own business...

Puhh!

Captions

[This space is called a gutter]

Sound effects

Your Graphic Novel Tool Kit

This is a border
Title
by:

Don't forget to make a title page with your "by" line on it.

you can put panels on a page any way you'd like to. Panels are the space where you tell your story with pictures + words!

remember: your story is yours & nobody knows it like you do! you can tell it any way you'd like to!
PRACTICE YOUR PICTURE JOURNAL HERE!

Title

Date

Your name here
And once you're done... if you'd like to, you can...

Share your story over a meal or in the mail.

Don't lick the envelope! Use tape or a wet sponge instead of your tongue!
Tell your story to a star
or a tree...

or, if you have a phone,
you could tell a friend
about it.

The point is, everything
happening around you
and to your right now is
your story; if your story
can write history, your
eyes matter.

-Be safe,
  M
RESOURCES

KhanAcademy.org
* Daily schedules for students ages 4 to 18. [Learning resource] for so many things

MysteryScience.com

Cabin Fever Science on YouTube
* Experiments for kids by a kid.

Some Good News on YouTube
* Hosted by John Krasinski
SO MANY
THANK YOUS

DEDICATED TO

THE STUDENTS AT NORRIS MIDDLE SCHOOL,
THE PARENTS HOME SCHOOLING,
ALL ESSENTIAL WORKERS,
DOCTORS, NURSES,
MEDICAL WORKERS

The Essential History

...of superheroes